

# ESCANABA AREA FIGURE SKATING CLUB

MEMBER  
HANDBOOK  
2024-2025



**IMPORTANT CLUB DATES**

\*All dates tentative and are subject to change\*

**2024-2025**

*\*Start dates for Session 1 are tentative*

August	CLUB and LTS Registration Opens
TBD	LTS – Open House/Try it Event
TBD	LTS Coach Clinic
TBD	CLUB Coach Clinic
Sept 18 – Dec 12	CLUB Session 1
Dec 15 – Feb 20	CLUB Session 2
Oct 6 – Dec 8	LTS Session 1
Jan 5 – Feb 16	LTS Session 2
December 6-7	EAFSC Holiday Classic Comp/Test Session
December 22	Holiday Exhibition
February 23	Ice Show Practices Begin
March 14-16	Ice Shows
April TBD	Annual Banquet

**SCHEDULED BOARD MEETINGS**

2<sup>nd</sup> Monday of the month, 5:30pm in the EAFSC Club Locker Room  
*No meetings June & July*

*Thank you for being an important part of EAFSC  
**Have fun on the ice!***

**Escanaba Area Figure Skating Club  
P.O. Box 413  
Escanaba, MI 49829**

**Web Page: [www.eafsc.com](http://www.eafsc.com)  
Like us on Facebook**

***EAFSC skates at the  
Hannahville Ice & Turf Complex (Wells Sports Complex)***

EIN 38-2913738

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## **BOARD MEMBERS**

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## **COMMITTEE CHAIRS**

Annual Banquet	Board of Directors/Coaches
Coach Coordinator	Beth Berube
Competition/Testing	Mary Gauthier, Corrie Korpi, Nikki Pirlot
Exhibition	Club Coaches
Fundraising	Janel Smale, Beth Berube
High School Team	Mary Gauthier, Heather LaPalm
High School Fundraising	Corrie Korpi
Ice Liaison	Holly Thomma
Ice Show	Alicia Trudell
LTS Coordinators	Kassidy Wigand, Emily Hossele
Registration	Holly Thomma
Sanctions	Holly Thomma
Social Media/Website	Holly Thomma, Alicia Trudell
Test Chairs	Mary Gauthier, Corrie Korpi, Holly Thomma
USFSA Memberships	Holly Thomma
Volunteers	Board of Directors

## **ORIGIN AND PURPOSE**

The Escanaba Area Figure Skating Club (EAFSC) was founded by a group of local skaters and shortly thereafter became a Member Club of the United States Figure Skating Association (USFSA). The EAFSC has contract ice available typically from October through March at the Hannahville Ice and Turf Complex. The EAFSC is a nonprofit 501(c)3 organization, dedicated to the promotion of recreational & competitive figure skating. The Club objectives are:

- To promote the sport of figure skating in Escanaba & surrounding areas.
- To encourage the instruction, practice, and advancement of the members in any or all the disciplines of figure skating.
- To provide support for skating members' participation in USFSA competitions and beyond if they so aspire.
- To create opportunities for local skaters to showcase talents.
- To stimulate interest in the sport of figure skating by producing amateur ice shows and exhibitions.
- To provide figure skating educational opportunities for skaters, coaches, and other members.
- To provide group lessons in the basic skills "Learn to Skate" program.
- To encourage and cultivate a spirit of camaraderie among skating members.
- To carry out USFSA policies & objectives.
- HAVE FUN SKATING!

The Escanaba Area Figure Skating Club is only as strong as the commitment of our members and is shaped by volunteers. There are many opportunities for parents and skaters to be involved with the club's activities and its members. Some volunteer opportunities include board members, fundraising, ice shows, music box monitor & coaching.

Visit [www.eajha.com](http://www.eajha.com) for the rink schedule.

## **ICE ETIQUETTE AND RULES**

## **BOARD OF DIRECTORS**

The Board of Directors manages the affairs of the club. The Board Members will exercise the powers of the club's by-laws. The Board typically meets the second Monday of each month at 5:30pm in the EAFSC Club Locker Room. Any change in the date, time or location will be communicated. There is not a meeting during the months of June and July unless the Board of Directors deems it appropriate. April is the annual meeting and is typically conducted in conjunction with the banquet. Coaches, the public and all members are encouraged to attend board meetings.

### **BOARD COMMUNICATIONS:**

Any member(s) having a suggestion or concern should contact a board member. If you wish to have a matter placed on the agenda for the next board meeting, the information should be communicated to the Board President at least five days prior to the board meeting. The board will accept comments from the public and/or club members at any meeting but may not act on items which have not been submitted in time to be placed on the agenda. It is your Club and open communication is encouraged!

### **BOARD ELECTIONS:**

Officers are elected at the May board meeting. Three board members are (re)elected annually for a 3-year term (details available on monthly meeting agenda and minutes). There is a total of nine board members, not term limited. Board members must be:

1. Involved with the EAFSC for at least one year
2. A parent, grandparent or guardian of a Club member in good standing or an adult Club member in good standing

Board members are expected to be present at all meetings. Consistently absent board members may be removed from the board at any time with a majority vote.

***Please advise any board member if you are interested in participating on the EAFSC board of directors or with any ideas & suggestions.***

## SINGLES COMPETITION POINTS

Singles Level	Points Awarded
Basic Skills	1.50
Beginner/No Test	2.00
Pre-Preliminary	2.50
Preliminary	3.00
Pre-Bronze	3.50
Bronze	4.00
Pre-Silver	4.50
Silver	5.00
Pre-Gold	5.50
Gold	6.00

## DANCE COMPETITION POINTS

Dance Level	Points Awarded
Preliminary	2.00
Pre-Bronze	2.50
Bronze	3.00
Pre-Silver	3.50
Silver	4.00
Pre-Gold	4.50
Gold	5.00

## OTHER COMPETITION EVENT POINTS

Points awarded listed below are the same for all levels.

Event	Points Awarded
Jumps Challenge/Event (any level)	2.00
Spins Challenge/Event (any level)	2.00
Skating Skills Event (any level)	2.00
High School Team	2.00

Skating sessions are designed for figure skaters to receive quality practice time. To ensure that all skaters benefit from their ice time, the club needs cooperation from all participants to conduct themselves according to club rules and regulations set forth by the Board of Directors. **Note: Any adult, member or coach, has the right to stop dangerous activity.**

## CODE OF CONDUCT

- Be courteous & respectful to fellow skaters, coaches, and parents.
- Per the USFSA Safesport Program Handbook, Misconduct is defined as “conduct that results in harm, the potential for harm or imminent threat of harm. The primary types of Misconduct are Emotional Misconduct, Physical Misconduct, Sexual Misconduct, Bullying, Threats and Harassment, and Hazing. The willful failure to report Misconduct one observes may also be Misconduct.”
  - Specific details on what qualifies as the different types of Misconduct can be found in the USFSA SafeSport Program Handbook at <https://www.usfsa.org/content/safesport%20handbook.pdf>
  - Misconduct will be addressed according to the Consequences and Conflict Resolution section of this handbook.
- The use of cellphones and other personal devices are prohibited in the locker room and on the ice.
- No gum, eating, smoking, or drinking allowed on the ice.
- No swearing or bad language will be tolerated on or off the ice.
- A skater whose program or dance is being played has the right-of-way. A skater in a lesson with a coach has the 2nd right-of-way.
- The ice monitor/music box volunteer will play and announce all music in the order received.
  - Coaches are given priority during a lesson.
  - Only three music requests per coach per skater per session, regardless of the number of lessons a skater may have on any given session.
  - The skater, coach or parents of younger skaters are the only ones that can request music to be played.
  - Each skater will have their music played at least once during a session if possible. Music will not be played a subsequent time until all other skaters have had their music played.
  - All skaters have the right to have their music or dance played regardless of if they are testing or competing.
- Do not talk to or follow skaters in a lesson with their coach.

- All skaters are asked to wait until their session time starts to enter the ice and leave the ice immediately when their session is complete.
- Kicking holes in the ice is not tolerated and you will be dismissed.
- Public displays of affection are not acceptable.
- No chairs are allowed on the ice for safety reasons.
- The harness may only be used by a coach and skating student (NOT skater and skater). Coaches will be given consideration to time used so that all will have equal time on the harness.
- All skating should be done in a counterclockwise direction. Spins should be done in the center of the ice, jumps at the ends of the skating rink.
- Keep your head up and be aware of all other skaters on the ice. Remember, when a skater is in the process of a spin or jump, that skater may not be able to stop fast enough to avoid an accident, so PLEASE watch out for each other. Stay moving. Standing around alone or in groups talking may cause an accident.
- If dropping in, check in with the music box monitor to see if there is availability on the desired session, and to pay the drop-in fee.
- Parents are asked to move to the area on either side of the music box if they need to speak to their skater while they're on the ice. Only the ice monitor/music box volunteer is allowed in the music box.

### **LOCKER ROOM**

The use of cell phones and other personal electronic devices are strictly prohibited in all locker rooms. A heated locker room is available behind the bleachers. The locker room is dedicated to figure skaters and important information is posted on the bulletin boards. Skaters and parents are responsible for maintaining a clean and safe environment. Clean up after yourselves. Minimal food & drinks are allowed. Keep skating bags not in use tucked under the benches. Children MUST always be supervised in the locker room.

### **CONSEQUENCES and CONFLICT RESOLUTION**

Disrespectful behavior will not be tolerated. Skaters who do not abide

### **SINGLES TESTING POINTS**

Test Level Completed	Points for each Basic Level	Points-Level Passed	Total Points Level Passed
Basic 1 - PFS	0.5	4.00	4.00
Pre-Preliminary		6.50	10.50
Preliminary		7.50	18.00
Pre-Bronze		9.00	27.00
Bronze		10.00	37.00
Pre-Silver		11.50	48.50
Silver		12.00	61.50
Pre-Gold		15.50	77.00
Gold		18.50	95.50

### **DANCE TESTING POINTS**

Test Level Completed	Points for each Dance Level	Total Points for Level Passed	Total Points for all Levels Passed
Preliminary	2.00	6.00	6.00
Pre-Bronze	2.50	7.50	13.50
Bronze	3.00	9.00	22.50
Pre-Silver	3.50	10.50	33.00
Silver	4.00	12.00	45.00
Pre-Gold	4.50	18.00	63.00
Gold	5.00	20.00	83.00
International	5.50	16.50	99.50

### **SKATING SKILLS TESTING POINTS**

Test Level Completed	Points-Level Passed	Total Points for all Level Passed
Pre-Preliminary	6.00	6.00
Preliminary	6.50	12.50
Pre-Bronze	7.00	19.50
Bronze	8.00	27.50
Pre-Silver	8.50	36.00
Silver	9.00	45.00
Pre-Gold	10.50	55.50
Gold	11.50	67.00

## ICE SHOW POINT SYSTEM

### **TESTING POINTS**

Testing points will be awarded for skaters who pass tests for Singles, Pattern Dance and Skating Skills. Tests will be awarded for both in-person and virtual test sessions. All test results must be officially recorded by August 31<sup>st</sup> of the skating season for points to count toward the Ice Show Point System. The point standings as of September 1<sup>st</sup> will be used for Ice Show placement purposes. *Testing points accumulate throughout a skater's career and do not reset each season.*

*\*See page 19 for TESTING point allotments*

### **COMPETITION POINTS (per non-qualifying competition)\***

- Skaters may earn points for up to five (5) competitions of their choice per season.
- Competition points will be awarded for in-person and virtual competitions.
- Proof of competition participation (copy/photo of the competition placement results) must be sent to the Ice Show Points Coordinator at [corrabel94@gmail.com](mailto:corrabel94@gmail.com) within 14 days of the competition date to earn points.
- One set of competition points are awarded per competition, not per event. Skaters competing in 2 or more events will be awarded points for whichever event is the highest point value.
- Skaters competing in both individual and High School Team events shall receive points for their individual OR High School event for that competition, whichever is higher.
- Regional non-qualifying exhibitions & qualifying competitions follow the point system above with a 25%-point premium added.
- *Competition points are not cumulative and will reset each year.*

*\*See page 20 for COMPETITION point allotments*

by the CODE OF CONDUCT defined in ICE ETIQUETTE & CLUB RULES will be subject to the following action:

- If on ice, athlete will be asked to leave the ice by an adult authority
  - Action will be decided by a team of 2 in authority.
  - Names recorded and reported to the EAFSC Board.
  - Parents contacted if necessary.
- Repeated or serious infractions of the rules will be referred to the EAFSC Board of Directors. Loss of ice privileges may result.
  - **First Offense:** Verbal warning communicated to the athlete and parent/guardian by a member of the Board of Directors.
  - **Second Offense:** A meeting with the athlete, parent/guardian and two EAFSC Board members will be conducted. A written warning will be provided and explained.
  - **Third Offense** – A meeting with the EAFSC Board will take place to determine the consequence. Termination of membership/club or removal from upcoming performances may result.

### **PAYMENT & MEMBER IN GOOD STANDING**

Sign Up, Payment of Bills & Late Payment:

**Late registrations will be assessed a \$25 late fee.** A skater is in good standing with the club if all skating-related bills are up to date according to the payment schedule. All skating ice time payments must be paid by the payment schedule date. Failure to adhere to the payment policy will result in all skating privileges being revoked until payment is up to date. Revoked privileges include ice sessions, ice show, competitions, and testing.

Forged Signatures:

Forged signatures on test and competition forms are not tolerated. A skater will not be in good standing with the club if a forged signature

appears on a test or competition application. A designated test chair must sign an application for a test session, or a club officer for a competition. Failure to adhere to this policy will result in all skating privileges being suspended immediately for the competition and/or test session.

Drop Box:

A locked drop box is in proximity to the locker room. It is a red metal locked box located between the locker room and concession area on a wall beam. It is used for ice payments, drop coupons, ice show deposits, ticket sales, etc.

**LEARN TO SKATE, CLUB MEMBERSHIP  
& PRIVATE LESSONS**

Learn to Skate:

The Learn to Skate (LTS) program offers group lessons focusing on the progressive Basic Skills curriculum. One to two certified coaches are assigned to each level/group. Skaters will participate in a variety of activities that will help them master the skills at each level. Ongoing assessments will be completed. When a mastery of skills is demonstrated, the skater will progress to the next group level. Levels include Snowplow Sam, Basic Skills 1-6, Pre-Freeskate, Freeskate 1+. Interested skaters do not have to have skating experience to join LTS classes. LTS classes are offered in two sessions: one in the fall and one in the winter. Typically, each session is around 8 weeks long and classes are usually held on Sundays. (Subject to change).

**PROFESSIONAL “LEARN TO SKATE” STAFF**

Kassidy Wigand	LTS Director
Emily Hossele	LTS Assistant Director

Club Membership:

Skaters must have passed Basic Skills Level 3 to be eligible for a Club membership and purchase Club sessions. Club members may purchase contracted ice time/club sessions of their choosing based on their schedule and their coach’s availability. Club ice time is typically purchased for the entire season. The cost of various sessions is set based on the cost of ice to the club, and the number of skaters expected to skate a particular session. Due to the high cost of ice, and the need to ensure at the beginning of the season that there are

The Ice Show director has the responsibility of coordinating and managing the Ice Show and must follow all guidelines as established. The Ice Show director will regularly report to the board of directors on the progress, key decisions, procedures, and outcomes of the show.

**ICE SHOW NUMBER PLACEMENT CRITERIA**

The following criteria have been set forth for the selection of Ice Show placement of skaters. The criteria guidelines are used so that appropriate consideration is given to all skaters in the Club. The criteria for ice show number placements are based on the Ice Show Point System as of September 1<sup>st</sup> of each year.

In the case of a tie in final points, other determining factors may be considered when placing skaters in numbers. The Ice Show Director will determine placement based on recommendations from ice show committee members, coaches and approval by the EAFSC Board of Directors.

Each skater will be placed using the following:

**Club Only Skaters**

1. Specialty Number Skaters (*Max of 3 Numbers*)  
(1) Solos, Features, Spots, Duet, Trio, Quartet; based on point system.  
(1) Advanced and/or  
(1) High School Team (if eligible)  
\*\*For specialty number skaters not in Advanced or High School number, they will be placed in a second group number based on free skate level.  
\*\*Senior Number does not count toward the max of 3 numbers.
2. Non-Specialty Number Skaters (*Max of 2 Numbers*)  
(1) One group based on grade level (required to skate in 2<sup>nd</sup> number)  
(1) One group based on freeskate/basic skills level

**Club/Learn to Skate Skaters (*Max of 2 Numbers*)**

- (1) One group based on grade level (required to skate in 2<sup>nd</sup> number)
- (1) One group based on freeskate/basic skills level

**Learn to Skate Skaters (*Max of 1 Number*)**

- (1) One group based on basic skills level



All Club and LTS members are invited to participate in the annual ice show mid-March. However, it is not a requirement. The primary purpose of the EAFSC Annual Ice Show is to provide skaters an opportunity to showcase their skills, performing an enjoyable and entertaining show for the public. To achieve this goal, the director uses board approved ice show criteria. Ice Show information will be distributed early in the season. To allow plans to be made and costumes to be ordered, it is critical that documents are returned by the determined due date to maintain organization.

- It is the skater's responsibility to complete and return the ice show documents/forms/payments on time. Documents will not be accepted after the designated due date. If they are not turned in, you may be ineligible for any part in the ice show.
- A skater's costume order form and payment will act as an Ice Show intent. If a costume order form and payment is not returned by the due date, it will be assumed the skater is not participating in the show. The price of costumes is subject to change from year to year, depending on distributor prices. All sales are final once costumes are ordered. If a skater no longer wishes to participate in the show, no issue will be refunded for the costume(s) or tights.
- All skaters are required to attend all scheduled rehearsal practices and participate in all scheduled ice show performances. Failure to report to practices may compromise your part(s). Dismissal may result after 2 missed practices as most performers are limited to only 3-4 practices.
- Each skater (Club and LTS) is encouraged to have an immediate family member volunteer for at least one Ice Show volunteer opportunity. Specific duties will be posted closer to the show date.

#### ICE SHOW TICKETS:

Each family is required to sell a set number of ice show tickets (typically between 8-12 tickets). This number is dependent on the number of skaters participating in the show. Ticket sales cover the majority of ice show practice and show ice costs.

#### ICE SHOW DIRECTOR

enough skaters enrolled to cover the cost of ice for that session, no refunds will be given for ice time except for medical reasons, such as an injury or illness that will prevent a skater from skating a significant portion of the season. Medical refunds require a written medical order.

#### PRIVATE LESSONS & GROUP LESSONS:

Private lessons are one-on-one lessons involving a single skater and coach, usually in 15-minute blocks, during Club sessions. It is not necessary to have coaching the entire session. If a skater has two coaches on the same session, it is the parent's responsibility to communicate that to both coaches. The coach and lesson time a skater chooses is up to the individual. Contact the coach of your choice to make lesson arrangements prior to registering for Club sessions. A list of coaches is available on the FB page.

See "SKATING SKILLS" & "POWER CONDITIONING & TECHNIQUE" below for group lesson details.

#### CLUB SESSIONS

##### GENERAL CLUB ICE:

General ice sessions are for the practice of singles, dance and skating skills. It is designed primarily to allow skaters at all levels to practice. The following is preferred:

- Club 1: Up to Preliminary
- Club 2: Preliminary level and up
- Club 3: Pre-Bronze level and up

##### SKATING SKILLS:

Skating Skills levels are a combination of stroking, edge work, a variety of turns, footwork, and spirals incorporated into a set pattern. Coaching is included in the price of the session. *Your lesson time is offered in a small group setting, with a coach assigned to each group/level.* You must have passed Basic 6 to be eligible for the group Skating Skills session.

##### POWER CONDITIONING & TECHNIQUE:

This session is structured to improve a skater's endurance and skill technique. Proper stroking technique, variety of turns and

combinations, flexibility moves, rhythm technique, along with conditioning exercises will be introduced in a group setting set to music. You must have passed Basic Skills Pre-Freeskate to be eligible for the group Power Conditioning & Technique session.

#### DROP IN ICE:

All club members may drop in on ice sessions for which they are eligible. Please check with your coach, music box volunteer or any board member for session/space availability, eligibility, and drop-in rates. If your regularly scheduled ice time session is not available due to scheduling/ice time conflicts, you will be given a voucher or drop coupon to be used on another session. Drop in ice payments must be made prior to skating.

#### *Non-EAFSC Club Members and drop-ins/skating privileges:*

- LTS Skaters: Must have passed Basic 3, have a confirmed lesson time with a coach, and pay the drop-in fee.
- EAFSC Alumni skaters: Must be a USFSA member and pay the drop-in fee.
- Visiting skaters/skaters from other clubs: Are NOT permitted to drop in at any time.
- Exchange Students: Do not have to pass Basic 3 prior to joining the Club.

### **TESTING**

#### USFSA SKATING LEVELS and TESTING

The USFSA defines a system of tests which allows a skater to progress through levels of the different disciplines of the sport: Singles, Pattern Dance, and Skating Skills. The tests also establish a benchmarking structure for competition purposes, so when participating in competition, skaters are grouped based on test/ability level.

There are 2 types of testing defined by the USFSA:

#### EXHIBITION (mid-December):

The exhibition is an opportunity for skaters to skate a solo, duet, trio, or small group number. Participation is optional. Each skater must sign up to participate. Each skater is allowed to skate once. The public is invited to attend with admission being one non-perishable item (donated to a local food bank.) Skaters/families may bring a refreshment/treat to share. If you are interested in performing in the exhibition, please let your coach know so they can help prepare a program for you.

#### SPRING BANQUET:

The club hosts an end-of-season banquet for all Club and LTS skaters. Club skaters are recognized for their test and competition accomplishments. All LTS skaters are recognized for their accomplishments and awarded LTS patches for levels passed. This is an opportunity for skaters and families to socialize before the season ends. The annual meeting may also be held at the spring banquet. Activities would include the nomination of new board members.

#### HIGH SCHOOL SKATING TEAM:

The EAFSC started a high school skating club team sanctioned via EHS. There may be an opportunity for high school club members to participate in a variety of competitions. High school members skating at least one club ice session are eligible to participate. Look for details at the rink or talk to a board member or HS skating coach.

#### FUNDRAISING

The EAFSC finds it necessary to hold fundraising events to help defray ice costs and keep membership more affordable. ALL CLUB AND LTS FAMILIES ARE REQUIRED TO PARTICIPATE IN EAFSC FUNDRAISING EVENTS!

#### SAYKLLY'S CANDY:

This fundraiser is normally held in October, with delivery at the end of November. Sale requirements will be determined each year based on Club and LTS membership numbers. Families in both the Club and LTS must meet the requirements for club only. A "Buy-Out" option is available to those who do not wish to sell candy.

### **ICE SHOW**

## **EAFSC Holiday Classic Competition & Test Session**

December 6-7, 2024

Since 2012, The Escanaba Area Figure Skating Club has hosted an annual competition and test session during the month of December. This opportunity welcomes skaters of all levels, and from many different clubs throughout the Upper Peninsula and Wisconsin.

Competition – The official competition announcement (with events offered) and registration will be available at [www.entryeeze.com](http://www.entryeeze.com). The competition schedule/skate times will be made available on entryeeze 1-2 weeks prior to the competition date.

Test Session - In conjunction with the competition, there will be an in-person test session opportunity. Test application forms will need to be completed by the skater, signed by their coach and the club's test chairperson by the date specified by the club. There is a fee for taking tests, which covers ice time, administrative expenses, and judge's travel expenses.

- The test chairpersons are the only authorized members within the club eligible to sign a test form. If you need to contact a test chairperson, contact them between 10:00 a.m. – 9:00 p.m.
- Forgery of a test chairperson's signature will result in no less than a 30-day suspension from testing.
- In accordance with the USFSA rules, you must be a member in good standing to compete or test (All club and coaches bills must be current).
- A schedule of skaters' test times a few days before a test session day when possible.
- Skaters should arrive for testing or competing approximately one hour before their appointed time. Any questions on testing or competing can be directed to your skating coach.
- If you should fail a skating test, you are required to wait the allotted time, per USFSA, before retrying the test.

### **CLUB ACTIVITIES**

1. Learn to Skate (LTS) Evaluations: Within the Learn to Skate (Basic Skills) program, informal evaluations are used to advance skaters from level to level. These evaluations are informal and completed during their set lesson time. Typically done at the conclusion of the fall session and again at the conclusion of the winter session.
2. USFSA Judged Testing: (See page 12 for levels) - When skaters have advanced past the Basic Skills levels, there is a formal test structure designed by USFSA. When a coach determines a skater is ready to test, they can participate in a "test session" in which USFSA-appointed judges judge the test. The results are forwarded to the USFSA, which keeps an official ongoing record of each skater's test accomplishments.
  - a. In-Person Testing: In-person test sessions are offered at a variety of different clubs throughout the skating season (Escanaba, Marquette, Houghton, Iron Mountain, Eagle River, Green Bay, etc.)
  - b. Virtual Testing: Due to COVID-19, USFSA developed a virtual testing option for all USFSA tests. Virtual test guidelines can be found at [usfigureskating.org](http://usfigureskating.org). Virtual tests offered throughout the country can be found at [entryeeze.com](http://entryeeze.com). Contact your private coach for further guidance on registering and recording/filming.
    - i. Skating Skills tests are not allowed to be recorded for virtual testing on club sessions.
    - ii. Dance and Singles tests are allowed to be recorded on club sessions. However, other skaters cannot be asked to move out of the way. People recording must be courteous of other skaters regarding playing music repeatedly/doing retries.
    - iii. The ability to record singles and dance on club sessions is subject to change. If this privilege is abused, the option to record at all during club sessions will be revoked for all disciplines of the sport.

### **USFSA TESTING LEVELS**

Test structure updates as of July 1, 2023

- Free Skate renamed → Singles
- Moves in the Field renamed → Skating Skills
- Pre-Juv through Senior tests have been renamed to reflect bronze, silver & gold path.

### **RENAMING CROSSWALK**

#### **FREE SKATE**

Pre-Preliminary Free Skate  
Preliminary Free Skate  
Pre-Juvenile Free Skate  
Juvenile Free Skate  
Intermediate Free Skate  
Novice Free Skate  
Junior Free Skate  
Senior Free Skate

#### **SINGLES**

Pre-Preliminary Singles  
Preliminary Singles  
Pre-Bronze Singles  
Bronze Singles  
Pre-Silver Singles  
Silver Singles  
Pre-Gold Singles  
Gold Singles

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#### **MOVES IN THE FIELD (MITF)**

Pre-Preliminary MITF  
Preliminary MITF  
Pre-Juvenile MITF  
Juvenile MITF  
Intermediate MITF  
Novice MITF  
Junior MITF  
Senior MITF

#### **SKATING SKILLS**

Pre-Preliminary Skating Skills  
Preliminary Skating Skills  
Pre-Bronze Skating Skills  
Bronze Skating Skills  
Pre-Silver Skating Skills  
Silver Skating Skills  
Pre-Gold Skating Skills  
Gold Skating Skills

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#### **DANCE**

Preliminary - (*Dutch Waltz, Canasta Tango, Rhythm Blues*)  
Pre-Bronze - (*Swing Dance, Cha Cha, Fiesta Tango*)  
Bronze - (*Hickory Hoedown, Willow Waltz, Ten Fox*)  
Pre-Silver - (*Fourteen Step, European Waltz, Foxtrot*)  
Silver - (*American Waltz, Silver Tango, Rocker Foxtrot*)  
Pre-Gold - (*Kilian, Blues, Paso Doble, Starlight Waltz*)  
Gold - (*Viennese Waltz, Westminster, Quickstep, Argentine Tango*)

### **SKATING COACHES**

#### **COACH SELECTION:**

Selecting a coach is a very important decision for a skater. You must secure a coach prior to registering for the club session of your choice. All coaching fees are billed to you by your coach and not included in the price when purchasing ice time. Please be respectful with prompt payment of these bills. If you are not available for a scheduled session, it is up to you to contact your coach in advance and let them know of your absence. A list of coaches and their credentials can be found at on the FB Page.

#### **COACH QUALIFICATIONS:**

Coaches are an important factor in the development of a skater's skills and their continuing enthusiasm for the sport. The following minimum qualifications have been established by the Escanaba Area Figure Skating Club in accordance with USFSA. All coaches are required to have completed these requirements to coach either group or private lessons:

- Provide proof of USFSA registration and USFSA coaching credentials and insurance according to USFSA requirements to the coaching coordinator before coaching any private lessons each year.
- Attend one coaching seminar per year, if offered by EAFSC. Professional development is required annually to coach competition skaters per USFSA guidelines.
- Shadow an experienced (post high school) coach while coaching private lessons and/or group moves. Shadowing shall include at least two lessons each of singles, skating skills and dance.
- Volunteer for a full fall or winter session of the Learn to Skate program. Volunteer coaching may occur starting at 14 years of age. Coaches may be paid as positions are available starting at age 16.

A beginning coach must complete the volunteer coaching in the Learn to Skate program prior to coaching private students. The beginning coach may then coach private lessons during the same time that they are shadowing an experienced coach, on a provisional basis. If in the opinion of the EAFSC Board of Directors the beginning coach is not making an adequate effort to complete the shadowing requirement in a timely manner, coaching privileges may be suspended until the required shadowing has occurred.

### **EAFSC TEST SESSION and COMPETITION**