

Meet the Coaches

Jennifer Adamini

Coaches on Wednesday and Thursday

Achievements: 18 years coaching, Juvenile Freeskate, Bronze Dances, testing in Figures

Personal: Competitor for 10 years, Native of Escanaba, Graduate of Northern Michigan University, bachelor's degree in history/business. Experience in Choreography for Freestyle and Artistic through Juvenile levels.

Areas for lesson: Basic Skills through Freeskate Level 6, Silver Skating Skills, Juvenile Singles, and Silver Dances.

Rate: \$8.00/15 minute lesson

Nicole Barker

Coaches on Sunday

Achievements: 2 years coaching, Pre Silver Dances (passed Rocker FoxTrot, attempted Tango), Intermediate Moves in the Field, Juvenile Free Skate. Opposite rotator (rotates clockwise for spins and jumps).

Personal: Learn to Skate instructor and private coach in high school. During my skating career, I was part of the High School Figure Skating team and part of both Silver Blades and Frosted Blades synchronized skating team and competed at the Midwest Regionals in 2004. In 2023, I returned to the rink as a Learn to Skate instructor and was confident I wanted to get involved with figure skating again. Originally from Gladstone, currently residing in Thompson, bachelor's in business administration management from LSSU.

Areas for lesson: Basic Skills through Juvenile Free Skate, Dance through Pre Silver, Moves through Silver.

Rate: \$10.00/15 minute lesson

Beth Berube

Coaches Wednesday, Thursday and Sunday (schedule is full)

Achievements: 26 years of coaching, Juvenile Free Singles, Pre-Gold Dances, Gold Skating Skills. Demonstrated experience coaching skaters through Gold Skating Skills, Gold Dance and Novice Singles.

Personal: Currently serves on the EAFSC Board of Directors and Coach Coordinator. Coaches Power and Skating Skills. Former Learn to Skate Coach and On-Ice Director, Former Co-Director of the Manistique Learn to Skate Program. Experience skaters for solo competitions, High School Team, Synchronized Figure Skating Team. Former women's hockey player.

Areas for lesson: Basic skills through Novice Singles, Dance through Gold Level, Skating Skills through Gold

Rate: \$9.00/15 minute lesson

Meet the Coaches

Mary Gauthier

Coaches Wednesday, Thursday and Sunday

Achievements: Years Coaching: 37 years, Juvenile Free Skate, Pre-Gold Dance, 2nd Figure

Personal: USFS Member, Mary Vandermissen Holiday Classic Competition Director, EAFSC Testing Chair, High School Club Team Coach, Past Escanaba Synchronized Figure Skating Coach, Coach of Regional, Sectional and National Competitor Angela Vandermissen. Coach of Three-Time Michigan High School Novice State Champion Taylor Gauthier. PSA-Hockey Certification Level II Accreditation. Gold Judge Appointment Singles, Dance, and Skating Skills. My love for figure skating began from my mother, Mary Vandermissen who was instrumental in providing me with private lessons, testing, and various skating camps in Marquette, Houghton, Eagle River, Minnesota, Milwaukee, Detroit, Lake Placid and Canada. I traveled around the United States with accomplished skaters and sisters Angela and Christina. This has brought me tremendous coaching experience along the way which I am forever grateful for.

Areas for Lessons: Free Skate through Gold Level, Dance through Gold Level, Skating Skills through Gold Level.

Areas for Lessons: Singles through Senior, Skating Skills through Senior, Dance through Gold

Rate: \$13.00/15 minute lesson

Tiffany Hewitt

Coaches Wednesday, Thursday

Achievements: 19 years coaching, Intermediate Free Skate, Pre-Gold Dance, Intermediate Skills, Regional Competitor, EAFSC Ice Show soloist, member of EAFSC Synchronized Figure Skating Team. Previously coached LTS at Valley Figure Skating Club and The Pettit in Milwaukee, WI, bachelor's degree from Mount Mary University, Graduate classes via University of Michigan. Also, coaches at Marquette Figure Skating Club and MFSC Clinics.

Personal: Tiffany enjoys meeting skaters where they are skill-wise to focus on individual style of skating, building balance and techniques that fit each skater's needs, increasing power, choreography, and most of all, encouraging skaters to reach their abilities both on and off of the ice. Tiffany has an old love for spins and double jumps but enjoys all categories of skating as they all help one another. Coach Tiff combines her experience in figure skating as well as other sports, traveling, art school, directing a youth mentoring program, a creative and collaborative work background, and the various roles of being a seasoned skater, coach, parent, and community member. Tiffany is a wife and mother of three--two figure skaters and one small but mighty, new hockey rookie. Her favorite thing to do is spontaneous adventures with her family.

Areas for Lessons: Free Skate through Gold, Dance through Gold, Skating Skills through Gold, LTS, Aspire, Off Ice.

Rate: \$15.00/15 minute lesson

Emily Hossele

Coaches on Wednesday, Thursday and Sunday

Achievements: Competitive Skater including 2015 & 2016 High School State Championships, Learn to Skate Coach for 12+ years, 7th Year Private Coaching

Personal: Coaching Learn to Skate for 12+ years and private coaching for 7 years. Mom of 2 and current assistant LTS director.

Areas For Lesson: Basic Skills through Preliminary Freeski, Dance through Preliminary, Skating Skills through Preliminary and Power / Off Ice Skating.

Rate: \$6.00/15 minute lesson

Meet the Coaches

Heather LaPalm

Coaches Wednesday, Thursday and Sunday.

Achievements: 24 years coaching, Preliminary Free Skate, Adult Bronze Free Skate, Pre-Bronze Dance, Adult Bronze Moves.

Personal: I believe that skating is for all people of all abilities. Each skater can learn new things and progress at their own rate. I am the assistant coach of the high school figure skating team. I am a former ice show soloist, a National Champion in Synchronized Skating - Adult Open Division 1998, a former Learn to Skate Director -11 years, and a former EAFSC board member. Bachelor of Science degree from Northern Michigan University. I work at the VA as a Recreation Therapy Assistant. I am an Army veteran.

Areas for lessons: All Basic Skills and Aspire Levels. Singles through Pre-Silver, Dance through Pre-Silver and Skating Skills through Pre-Silver.

Rate: \$10.00/15 minute lesson

Aliyah Mylander

Coaches Wednesday, Thursday

Achievements: 4 years of LTS coaching. Pre-silver dance, pre-silver skating skills, and pre-bronze singles. Awarded the Mary Vandermissen Competitive Freeskate Award for 2023.

Personal: Was on the Elite Edges Synchronized Team in 2018, as well as the High School team from 2020 – 2024. I have been a competitive figure skater for 8 years. I enjoy being with friends and family in my free time, going to concerts, and am currently a full-time Bay College student going for a Social Work degree.

Areas for lessons: Basic skills and Aspire. Freeskate through Juvenile Level, Dance through Pre-Silver Level, Skating Skills through Bronze Level.

Rate: \$7.00/15 minute lesson.

Hannah Pirlot

Coaches Wednesday and Sunday (possibly available on Thursday beginning in November)

Achievements: Hi my name is Hannah Pirlot and I happy to share I will be beginning to do private coaching this year. I have 4 years of LTS coaching and 1 year of coaching junior club. As a skater, I have passed pre-silver dance level, pre-silver skating skills, and bronze singles. I am working on my double jumps. I have been a competitive figure skater for 7 years and a part of EAFSC for 8 years. when not in the ice, I enjoy being with friends and family. I am an avid hunter. I am a junior at Bark River High School.

Areas for lessons: I will be available for lessons in basic skills and aspire levels.

Rate: \$6.00/15 minute lesson.

Meet the Coaches

Alicia Trudell

Coaches Wednesday, Thursday and Sunday

Achievements: 16 years of coaching experience, Juvenile Singles, Silver Dances, Novice Skating Skills.

Personal: Current EAFSC Board Member and Current Ice Show Director. Past LTS Assistant Director and past coach of Elite Edges Synchronized Skating Team. Competitive figure skater for over 10 years, a past member of the Frosted Blades Synchronized Skating Team. Participated in 15 ice shows as a member of the EAFSC. Holds a master's degree in child development.

Areas for lessons: Basic Skills through Silver Singles, Dance through Pre-Gold, Skating Skills through Pre-Gold.

Rate: \$9.00/15 minute lesson.

Kassidy Wigand

Coaches on Wednesday, Thursday and Sunday

Achievements: Current LTS Director and EAFSC board member. Competitive skater for 10 years, including 2016 High School State Championship competition. 12 years of coaching experience, with 7 years of private coaching.

Personal: I began skating at 4 years old and you can still find me practicing new skills on the ice! Outside of the rink, I enjoy traveling and spending time with family.

Areas for Lessons: Basic Skills through Preliminary free skate, Preliminary dance, and Pre-Bronze skating skills. Experience with artistic programs and choreography.

Rate: \$6.00/15 minute lesson

Alyssa Zelenak

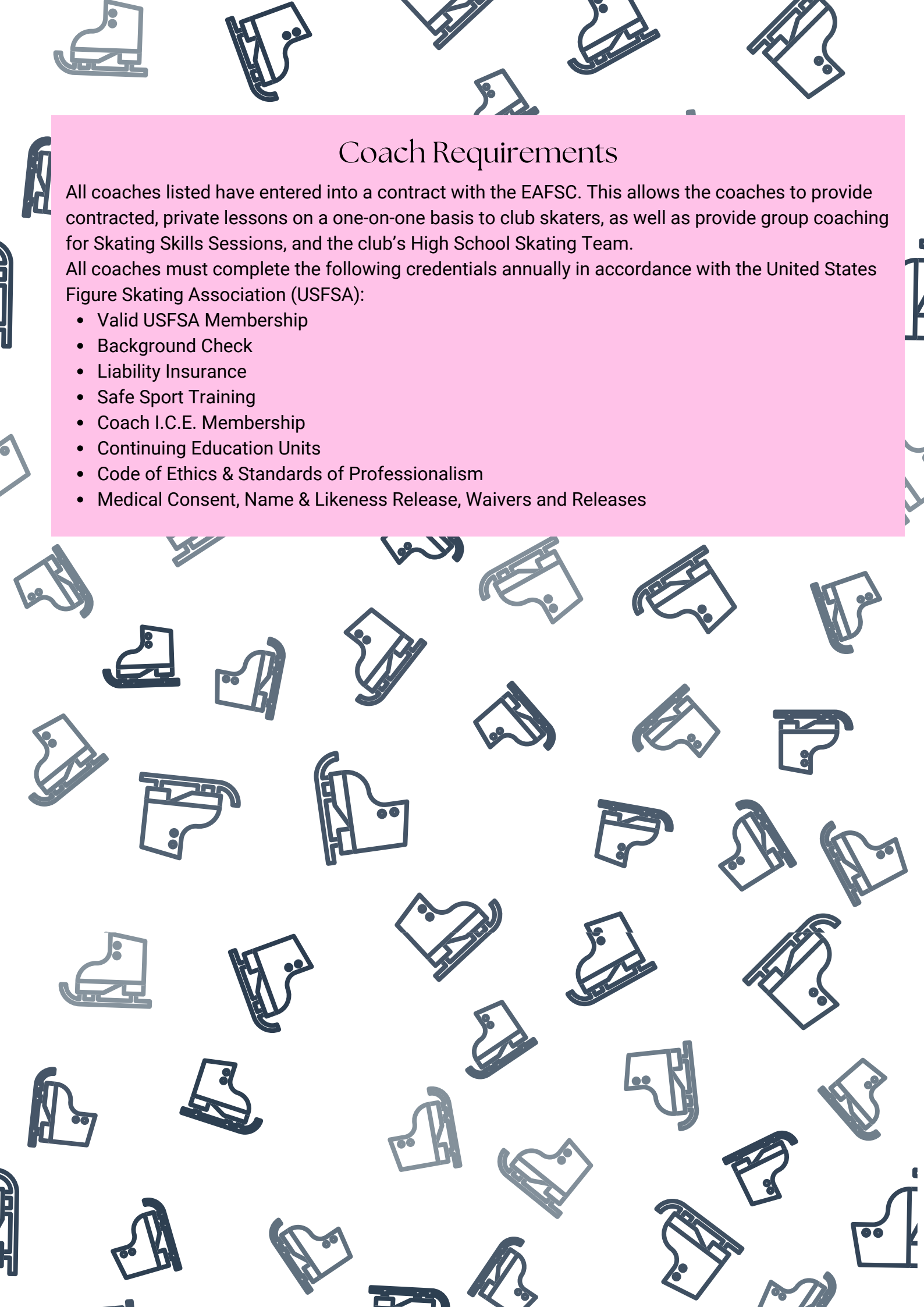
Coaches on Sundays and Thursdays

Achievements: Competitive figure skater for 9+ years, including competing at the 2015 and 2016 High School State Championships. Currently continuing to work on testing to further my knowledge and understanding of figure skating.

Personal: I am a mom of 3 and currently hold a Bachelor of Social Work while continuing my education toward my Master of Social Work. I enjoy helping skaters learn new skills, build confidence, and have fun on the ice.

Areas for Lessons: Basic Skills, Singles through Preliminary, Skating Skills through Preliminary, Dance through Bronze.

Rate: \$6.00/15 minute lesson



Coach Requirements

All coaches listed have entered into a contract with the EAFSC. This allows the coaches to provide contracted, private lessons on a one-on-one basis to club skaters, as well as provide group coaching for Skating Skills Sessions, and the club's High School Skating Team.

All coaches must complete the following credentials annually in accordance with the United States Figure Skating Association (USFSA):

- Valid USFSA Membership
- Background Check
- Liability Insurance
- Safe Sport Training
- Coach I.C.E. Membership
- Continuing Education Units
- Code of Ethics & Standards of Professionalism
- Medical Consent, Name & Likeness Release, Waivers and Releases